

# The Two Counties Spring Open Meet 2018

License 3SW180231



(Affiliated to Cornwall & Devon ASA & Swim England South West)

Present

## The Two Counties Spring Open Meet

License 3SW180231

To be held under ASA Laws and Regulations and Technical Rules of Racing and licensed by the ASA at level 3 for inclusion in British Swimming Rankings

License Number –3SW180231

**PLYMOUTH LIFE CENTRE**

**Saturday & Sunday**

**14<sup>th</sup> & 15<sup>th</sup> April 2018**

**50m, 100m, 200m All strokes plus 400m Freestyle,  
100m IM, 200m IM and a Medley Skins Event**

**9yrs (50m, 200m all strokes, 100m IM & 200m IM only),  
10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs/over – all events  
(Ages as at April 15<sup>th</sup> 2018)**

**Heat Declared Winners**

**Awards to first 6 in each age group**

**CASH PRIZES FOR THE SKINS EVENTS**

**Entry Administrator: Andrew Rickards, 35 Sycamore Drive, TORPOINT PL11 2NA**

**Entry will be strictly first come first served  
and will open on January 1<sup>st</sup> 2018  
Closing date on or before Monday 12<sup>th</sup> March 2018**

Email: [caradondinnaton@gmail.com](mailto:caradondinnaton@gmail.com)  
<http://www.dinnatonswimming.co.uk/> & <http://www.caradon-swimming.org.uk/>

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<b>THE TWO COUNTIES SPRING OPEN MEET 2018 AT PLYMOUTH LIFE CENTRE</b>					
<b>Promoted by CARADON SC &amp; DINNATON SC</b>					
<b>This is a Level 3 Event and is Licensed by the ASA for entry into District Competitions</b>					
<b>LICENSE NUMBER: 3SW180231</b>					
<b>Ages as at 15th April 2018 (Last day of competition)</b>					
<b>DATE: SATURDAY APRIL 14TH &amp; SUNDAY APRIL 15TH 2018</b>					
<b>Held under ASA Laws and Regulations and Technical Rules of Racing</b>					
<b>SCHEDULE OF EVENTS – 25 metre SHORT COURSE</b>					
<b>SESSION 1 - DATE: 14TH APRIL - Warm Up 1230 - Start TBA</b>					
NO	EVENT	Gender	NO	EVENT	Gender
1	400M FREESTYLE	M	2	400M FREESTYLE	F
3	50M BACKSTROKE	M	4	50M BACKSTROKE	F
5	100M INDIVIDUAL MEDLEY	M	6	100M INDIVIDUAL MEDLEY	F
7	200M BUTTERFLY	M	8	200M BUTTERFLY	F
<b>INTERVAL</b>					
<b>SESSION 2 - DATE: 14TH APRIL - Warm Up TBA - Start TBA</b>					
<b>14 &amp; UNDER MEDLEY SKINS EVENT</b>					
9	200M INDIVIDUAL MEDLEY	M	10	200M INDIVIDUAL MEDLEY	F
11	100M FREESTYLE	M	12	100M FREESTYLE	F
13	50M BREASTSTROKE	M	14	50M BREASTSTROKE	F
15	100M BACKSTROKE	M	16	100M BACKSTROKE	F
<b>SESSION 3 - DATE: 15TH APRIL - Warm Up 1200 - Start TBA</b>					
17	200M BACKSTROKE	M	18	200M BACKSTROKE	F
19	50M FREESTYLE	M	20	50M FREESTYLE	F
21	100M BUTTERFLY	M	22	100M BUTTERFLY	F
23	200M BREASTSTROKE	M	24	200M BREASTSTROKE	F
<b>INTERVAL</b>					
<b>SESSION 4 - DATE: 15TH APRIL - Warm Up TBA - Start TBA</b>					
<b>15 &amp; OVER MEDLEY SKINS EVENT</b>					
25	200M FREESTYLE	M	26	200M FREESTYLE	F
27	50M BUTTERFLY	M	28	50M BUTTERFLY	F
29	100M BREASTSTROKE	M	30	100M BREASTSTROKE	F

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Saturday April 14<sup>th</sup> & Sunday April 15<sup>th</sup>

Ages as at April 15<sup>th</sup> 2018

### UPPER LIMIT QUALIFYING TIMES

Any swimmer having an entry time faster than any of the upper limit times will not be able to compete in this event

#### GIRLS TIMES

EVENT	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs/Ov
50m Free	36.37	33.22	30.06	29.27	27.52	26.59	26.48	26.00
100m Free		1.14.55	1.06.07	1.04.33	59.06	58.14	56.75	56.00
200m Free	2.45.00	2.28.32	2.23.24	2.19.47	2.11.70	2.05.98	2.01.00	1.59.50
400m Free	5.25.00	5.17.29	5.01.43	4.53.49	4.33.85	4.25.84	4.14.39	4.10.15
50m Breast	49.15	44.88	40.60	39.53	37.20	35.20	35.05	34.12
100m Breast		1.38.50	1.29.12	1.26.77	1.20.85	1.17.57	1.14.77	1.13.52
200m Breast	3.35.25	3.27.56	3.07.80	3.02.85	2.52.18	2.42.77	2.37.92	2.35.24
50m Back	42.73	39.02	35.30	34.37	32.43	31.31	30.60	29.78
100m Back		1.24.59	1.16.53	1.14.52	1.09.40	1.06.47	1.03.63	1.01.98
200m Back	3.01.25	2.56.05	2.39.29	2.35.09	2.25.10	2.22.17	2.14.17	2.12.33
50m Fly	40.25	36.75	33.25	32.38	31.45	30.33	29.27	28.96
100m Fly		1.26.82	1.18.55	1.16.49	1.12.27	1.08.26	1.04.94	1.03.65
200m Fly	3.15.22	3.09.00	2.51.00	2.46.50	2.40.76	2.34.93	2.22.65	2.19.35
100m I M	1.29.19	1.23.92	1.19.92	1.13.25	1.10.50	1.07.65	1.04.57	1.02.12
200m I M	3.02.18	2.55.62	2.38.90	2.34.72	2.31.10	2.25.71	2.20.09	2.18.56

#### BOYS TIMES

EVENT	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs/Ov
50m Free	36.75	33.56	30.36	29.56	27.43	25.60	24.95	24.50
100m Free		1.13.94	1.06.90	1.05.14	1.01.17	55.67	55.38	54.95
200m Free	2.45.00	2.39.81	2.24.59	2.20.79	2.13.59	2.02.31	1.57.10	1.55.50
400m Free	5.25.00	5.16.89	5.01.05	4.53.12	4.43.43	4.15.24	4.04.49	4.01.25
50m Breast	49.31	45.02	40.74	39.66	37.31	35.34	32.60	31.95
100m Breast		1.39.55	1.30.07	1.27.70	1.23.45	1.15.99	1.10.20	1.08.52
200m Breast	3.35.25	3.26.49	3.06.83	3.01.91	2.50.45	2.40.68	2.32.17	2.28.65
50m Back	47.51	39.91	36.11	35.16	33.32	30.22	29.58	28.24
100m Back		1.26.11	1.17.91	1.15.86	1.11.52	1.05.00	1.03.05	59.95
200m Back	3.03.26	2.59.19	2.42.13	2.37.86	2.28.66	2.15.29	2.11.73	2.09.26
50m Fly	41.52	37.91	34.30	33.39	30.80	29.42	28.14	27.38
100m Fly		1.30.75	1.22.11	1.19.95	1.13.36	1.06.92	1.02.07	1.00.26
200m Fly	3.35.00	3.21.77	3.02.55	2.57.75	2.43.62	2.29.40	2.16.62	2.16.80
100m I M	1.30.54	1.25.19	1.17.60	1.11.36	1.08.54	1.05.14	1.02.25	1.01.28
200m I M	3.20.54	3.11.69	2.45.56	2.41.20	2.34.47	2.20.96	2.15.78	2.12.39

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<b>INDIVIDUAL PAPER ENTRY FORM</b>	
<b>CLUB:</b>	<b>MALE / FEMALE</b>
<b>Given Name:</b>	
<b>Family Name:</b>	
<b>DOB:</b>	
<b>ASA Reg No:</b>	

<b><u>STROKE</u></b>	<b><u>TIME - mm:ss.00</u></b>
50m Freestyle	
100m Freestyle (not 9yrs)	
200m Freestyle	
400m Freestyle	
50m Backstroke	
100m Backstroke (not 9yrs)	
200m Backstroke	
50m Breaststroke	
100m Breaststroke (not 9yrs)	
200m Breaststroke	
50m Butterfly	
100m Butterfly (not 9yrs)	
200m Butterfly	
100m IM – All Age Groups	
200m IM	

<b>CONTACT NAME:</b>	<b>E-MAIL:</b>
<b>TELEPHONE NUMBER:</b>	
<b>NUMBER OF ENTRIES</b>	<b>@ £6.50 = £</b>
<b>ADD PAPER ENTRY SURCHARGE OF £1 - TOTAL ENCLOSED OR PAID BY BACS = £</b>	

**TWO COUNTIES OPEN MEET, 35 Sycamore Drive, TORPOINT PL11 2NA**

**Payment by BACS (PREFERRED) to: Sort Code: 20-50-40 Account No: 33058972  
Cheques PAYABLE TO: CARADON SWIMMING CLUB**

**CLOSING DATE – MONDAY 12<sup>th</sup> March 2018  
or when full on a first come first served basis**

**If using Hy-Tek Entry Manger entry forms are not required.**

**Email: [caradondinnaton@gmail.com](mailto:caradondinnaton@gmail.com)  
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**Multi-Swimmer Paper Entry (not required if using Hy-Tek Entry Manager): Club:**

(Paper entries are subject to a surcharge of £1 per swimmer – This can be avoided by using the Hy-Tek Entry Manager)

Contact Name:	E-mail:	Telephone No:
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Name	DOB	ASA No	Free				Back			Breast			Butterfly			IM	
			50	100	200	400	50	100	200	50	100	200	50	100	200	100	200
<i>Example Entry</i>	<i>12/12/88</i>	<i>1234567</i>	<i>35.25</i>	<i>1:25.88</i>	<i>2:28.88</i>	<i>5:25.00</i>	<i>35.25</i>	<i>1:25.88</i>	<i>2:28.88</i>	<i>35.25</i>	<i>1:25.88</i>	<i>2:28.88</i>	<i>35.25</i>	<i>1:25.88</i>	<i>2:28.88</i>	<i>1:25.88</i>	<i>2:28.88</i>

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## Entry Fees Summary Sheet

Please e-mail completed Entry Fees Summary Sheet, Hy-Tek files (or paper entry form/s), Hy-Tek entry reports and Coach Pass Application Form to: [caradondinnaton@gmail.com](mailto:caradondinnaton@gmail.com)  
(Hard copy not required if paying by BACS.)

Please send cheques with hard copy of fees summary sheet and hard copies of paper entry forms to **Andrew Rickards 35 Sycamore Drive, TORPOINT PL11 2NA**  
(Entry acknowledgment is via the website and/or the person named on this form)

<b>CLUB:</b>	
<b>CONTACT NAME &amp; ADDRESS:</b>	
<b>TEL NO:</b>	
<b>E-MAIL</b>	

<b>NUMBER OF ENTRIES:</b>		<b>@ £6.50</b>	<b>£</b>
<b>NUMBER OF PAPER ENTRY SURCHARGES:</b>		<b>@£1</b>	<b>£</b>
<b>NUMBER OF COACH PASSES:</b>		<b>@ £15</b>	<b>£</b>
<b>TOTAL AMOUNT DUE</b>			<b>£</b>

### PAYMENT DETAILS:

**PREFERRED METHOD IS BY BACS to: Sort Code: 20-50-40 Account No: 33058972**  
**Please use the reference TWO COUNTIES**

**Cheques payable to: CARADON SWIMMING CLUB**

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### PROMOTERS CONDITIONS THE TWO COUNTIES LEVEL 3 SPRING OPEN MEET

#### LICENCE NUMBERS: 3SW180231

1. The Promoters **Caradon SC & Dinnaton SC**.
2. The meet will be held under ASA Laws and Regulations and Technical Rules of Racing and licensed by the ASA at level 3 for inclusion in British Swimming Rankings.
3. Competitor's age groups shall be defined as at **April 15<sup>th</sup> 2018**.
4. **Age Groups: 9, 10, 11, 12, 13, 14, 15, 16 & Over.**
5. **Awards:** All events will be HDW and awards will be made to the Top 6 in each Age Group plus Cash prizes for the Skins events.
6. **Events:** 50m, 100m & 200m – all strokes + 400m Freestyle, 200m IM & 100m IM. ***Please note, swimmers aged 9 years cannot enter 100m stroke events. Entry to the 100m IM is permitted.***
7. Additionally, there will be Male & Female Skins Events – 14 years & Under & 15 Years & Over (The 8 fastest 100 IM swimmers in each of the qualifying age groups plus 2 reserves will be invited to compete in the Skins Finals).
8. Should the number of entries result in the meet exceeding the Licensing Conditions Competition Day (i.e. 7.5 hours), the promoters reserve the right to reject entries based on the slowest time.
9. All events will include all age groups with heats seeded slowest to fastest. All heats will be spearheaded. 'Over the top' starts will be used wherever possible.
10. All communication will be via the website and email. Accepted entries will be listed on the website, should any rejections be necessary these will be notified by email.
11. The promoters do not accept responsibility for any loss of property or damage. Lockers are available in the changing rooms and should be used for the safe keeping of all belongings.
12. The promoters use a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information on computer. Personal data handled such as name, club, year of birth, recorded and entered times may be made public during or after the meet.
13. In accordance with the recommendations of the ASA child protection policy, any person wishing to use video, zoom or close-range photography, including mobile phones that have photographic capabilities should first register their details at the spectator entrance.
14. Photographs may be taken during the meet for publicity purposes and unless you notify the promoter that you do not wish your child to be included in such photography, you should notify the promoter's representative (Bernie Buck) in writing or by e-mail ([caradondinnaton@gmail.com](mailto:caradondinnaton@gmail.com)).
15. Any matters concerning the Meet not covered in these Terms & Conditions will be dealt with according to the laws of the sport and at the discretion of the Promoters. The Promoters reserve the right to change the Meet Terms & Conditions at their discretion to ensure the smooth running of the meet in discussion with the Referee. This will only apply due to unforeseen circumstances on the day of the meet
16. Closing date for entries is **Monday March 12<sup>th</sup> 2018**.

Email: [caradondinnaton@gmail.com](mailto:caradondinnaton@gmail.com)

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## COACHES POOLSIDE PASS APPLICATION FORM

CLUB.....

Name	ASA Number	DBS Number

**Please note: Poolside passes will only be issued to person registered with the ASA and have a current DBS. Passes must be applied for in advance, include the fee of £15 with your swimmers entries.**

**Please collect passes on the day from the door stewards.**



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## VOLUNTEER OFFICIALS

This is a level 3 licensed meet so the requirement is for officials to be qualified, it is currently not necessary to be licensed.

### Benefits:

- Free admission
- Refreshments and food
- Travel allowance of 35p per mile
- Ring side view of the action.
- Complimentary bottle of wine if you last the whole weekend! 😊
- Lose weight without the expense of a sauna 😊

Name: .....

ASA No: .....

Contact Email: .....

Phone: .....

Please tick:

Qualified as: ..... J1..... J2/S ..... Referee

Licensed: .....Y .....N

**WE DO NEED AND APPRECIATE YOUR HELP**

**THANK YOU**

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